



AOTA's Evidence-Based Practice Resources

Using Evidence To Inform Occupational Therapy Practice

AOTA's EBP resources can be found at www.aota.org/Practice/Researchers. The resources provide members with an array of evidence-based information to:

- Guide clinical decision making—to support or to reconsider practice decisions
- Share with clients who want to participate in the clinical decision making process
- Discuss the value of occupational therapy interventions with external audiences, such as regulatory agencies, third-party payers, referral sources, or institution-based program managers
- Stimulate academic and continuing education programs, in-service programs, or journal clubs
- Share with students who are developing their critical appraisal skills
- Guide the development of clinical research projects

Systematic Reviews cover the following topics.

- Mental Health Promotion, Prevention, and Intervention for Children and Youth
- Children and Adolescents With Autism
- Children and Adolescents With Challenges in Sensory Processing and Sensory Integration
- Early Childhood: Birth through 5 Years
- Adults with Neurodegenerative Diseases
- Adults With Stroke
- Adults With Traumatic Brain Injury
- Adults with Serious Mental Illness
- Driving and Community Mobility for Older Adults
- Adults With Alzheimer's Disease and Related Major Neurocognitive Disorders
- Productive Aging for Community Dwelling Older Adults
- Older Adults with Low Vision
- Home Modifications
- Cancer Rehabilitation for Adults
- Adults with Musculoskeletal Disorders
- Adults with Arthritis and Rheumatic Conditions

Results of the systematic reviews are available in the following formats:

Occupational Therapy Practice Guideline Series (for purchase)

Updated every 5 years with the latest evidence findings, the guidelines present best practices and summaries of evidence for interventions in a variety of practice areas. The guidelines include an Executive Summary and are useful references for evaluations, intervention planning, diagnostic and billings codes, case examples, evidence tables, and more.

Special Issues of the *American Journal of Occupational Therapy*

Special issues of AJOT include scholarly systematic reviews that cover background research, methodology, results, and implications for practice.

Critically Appraised Topics (CATs)

"At-a-glance" synthesis of findings, methods, study limitations, and practice implications of the group of articles selected for inclusion in focused question systematic reviews. CATs are posted on AOTA's website.

Evidence Connection

Published in AJOT, Evidence Connection articles provide a clinical application of systematic reviews developed in conjunction with the Evidence-Based Practice Project.

Evidence Perks

A quarterly column in OT Practice designed to address the day to-day needs of OT practitioners to find and use the best available evidence to inform clinical decisions.

Everyday Evidence

AOTA's Everyday Evidence Podcast series presents evidence-base information that relates to everyday life in a short podcast format. The series is also available on Stitcher.

Evidence Exchange

The Evidence Exchange, a central repository for Critically Appraised Papers (CAPs) and related resources. "At-a-glance" summaries of findings and methods of selected individual articles from focused question systematic reviews of health conditions and areas of practice. The Evidence Exchange includes opportunities for members to participate as CAP Submitters as well as CAP Reviewers.

The EBP Resource Directory

The EBP Resource Directory is an online service that links users to Internet sites related to the evidence-based practice of occupational therapy.

Journal Club Toolkit

The Toolkit consists of documents and resources for planning and implementing a journal club. Sample fliers, worksheets, references, critical appraisal guides, a statistical reference sheet, and continuing education documentation are provided to reduce the preparation time needed for a journal club session. The kit can be used in any setting by occupational therapy practitioners interested in developing best practice.

Research Opportunities Tables

The tables provide an overview of the strength of evidence on interventions within the scope of occupational therapy practice to guide the research community during the topic planning process.

AOTA EBP Continuing Education

- CEonCD™: *Using the Occupational Therapy Practice Guidelines for Adults with Serious Mental Illness to Enhance Your Practice*
- *Online courses:*
 - Using the Occupational Therapy Practice Guidelines for Adults with Serious Mental Illness to Enhance Your Practice
 - Using the Occupational Therapy Practice Guidelines for Home Modifications
 - Applying the OT Practice Guidelines for Adults With Neurodegenerative Diseases
 - Occupational Therapy Practice Guideline for Adults with Traumatic Brain Injury
- AJOT CE articles are available on a wide range of systematic review topic – for more information go to store.aota.org

For more information about the Evidence-Based Practice Project, visit www.aota.org/Practice/Researchers or contact the American Occupational Therapy Association, 301-652-6611, x 2052.