

NEOTEC

New England Occupational Therapy Education Council

<http://neotecouncil.org/members/>

Presents a **FREE** continuing education workshop

Self-Care for Fieldwork Educators: How to Support Yourself While Providing High Quality Supervision

5 contact hours

June 7, 2018

8:00-3:00

Worcester State University
May Street Building & Auditorium
280 May Street
Worcester, MA 01602



Speaker: Dan Eisner

Workshop objectives

Upon completion, participants will be able to:

- Identify the impact Mindfulness & Emotional Intelligence development on student supervision and personal self-care.
- Describe the distinction between "The Core" and the Role of being an OT, and how our "orientation" impacts communication and student supervision.
- Define Open Focus Attention and how it is the foundation of effective supervision and self-care.
- Create healthier personal boundaries and an improved ability to inspire students to take responsibility for their own learning.
- Implement 3 powerful techniques for maintaining emotional balance.

Speaker: Dan Eisner is a Psychiatric Occupational Therapist, Fieldwork Educator, and Certified Life Coach with 20 years of experience, specializing in the development of Mindfulness and Emotional Intelligence. Dan's practical, comprehensive, evidenced based approach to wellness has both personal and professional applications, serving as an approach to healthcare that facilitates the well-being of practitioners while empowering the service they provide. Dan's book, *The Clinical Success Formula*, is now required reading at several universities across the USA.

Workshop Program

8:00 - 8:30	<i>Registration</i>
8:30 - 9:00	Announcements and Introductions
9:00 - 10:15	Self-Care for Fieldwork Educators
10:15 - 10:30	Break
10:30 - 11:45	Self-Care for Fieldwork Educators
11:45 - 12:15	NEOTEC Awards
12:15 - 1:00	<i>Lunch</i>
1:00 - 2:30	Self-Care for Fieldwork Educators
2:30 - 3:00	Wrap up and Evaluations

Certificates of Attendance
will be granted at the end of the day

Complete the online Registration to attend:

<http://neotecouncil.org/conference-registration/>

*** Registration is on a first come first serve basis ***

Registration will close once full.

Consider earning your certificate in
Fieldwork Education! For more information:

<http://www.aota.org/education-careers/fieldwork/workshop.aspx>

DIRECTIONS:

www.worcester.edu/directions

PARKING:

Parking is recommended in Lots D or Q
(Commuter parking spots only)
May Street Building & Auditorium is #22 on map

<http://www.worcester.edu/Campus-Map/>

Click on pdf "Detailed Campus Map"